



Government of **Western Australia**
Department of **Health**

TRACS WA
TRAINING Centre in Subacute Care



Principles of Rehab, Interprofessional Team Building, Goal Setting and Emotional Wellbeing

Subacute Care Learning Program

Wednesday
24th March 2021

08:30am – 16:00pm

Registrations: 08:15am

Fremantle Hospital

You can register for single or all sessions.

Please email to let us know which session/s you will attend if not attending all.

tracswa@health.wa.gov.au

**To register [click here](#)
by
5th May 2021**

**Bring your own snacks or lunch,
if needed.**

**Confirmation of your registration
will be sent via automated email**

This training is suitable for any allied health, nursing, medical and support staff working in rehabilitation, geriatric evaluation and management.

It is available free to WA Health employees, including staff from SJOG Midland and Mt Lawley, and Peel and Joondalup Health Campuses. If you work outside WA Health, please contact us at: tracsWA@health.wa.gov.au to discuss options to access our training.

The aim of the Learning Program is to improve patient outcomes in Subacute Care (SAC) through the delivery of evidence based, coordinated care by embedding a culture of clinical excellence within SAC services and developing workforce skills and knowledge.

Learning objectives (you can attend single sessions):

8:30 – 10:00 - Principles of Rehab

Understand what subacute care is and how it differs from acute care, how to incorporate the key principles of rehab into everyday practice.

10:15 – 11:45 - Interprofessional Team Building

Recognise how learning styles can contribute to team functioning. Explore different team roles and how to work together, understand resilience and explore resilience strategies.

12:30 – 14:00 - Goal Setting

Explore person centred, value based, participatory goal setting and gain knowledge, tools and resources to improve goal setting practices.

14:15 – 15:45 – Emotional Wellbeing

Understand virtues and values and how they contribute to emotional wellbeing. Recognising strategies for self care.

TRACS WA may film/record/photograph this event for educational and promotional purposes. Please advise TRACS WA if you do not wish for your image and voice to be used in this way.