



Government of **Western Australia**
Department of **Health**



TRACS WA E-BULLETIN

September 2018

TRACS WA is the Western Australian Department of Health's
premier subacute care training unit

MESSAGE FROM THE TRACS WA COORDINATOR

Dear Colleagues

This quarter has brought about some changes for TRACS WA, nevertheless we continue to have a full schedule of events and education to share with you.

For those who have followed TRACS WA since its inception in 2012, many will know that Lisa Majteles, our Allied Health Lead, was instrumental in developing the original concept of a subacute care educational program. This work was the foundation of our suite of modules and resources that have continued to grow during the past five years that Lisa has been with us. However, Lisa has spread her wings to become Head of Department for Speech Pathology, FSFHG. We are all sad to see her go and she will be very much missed. We thank her for all her hard work and wish her every success for the future.

In addition, Dr Peter Goldswain has also decided to reduce his current commitments and has therefore handed over his roles of Clinical Lead (Geriatrics) and Chair of the Steering Committee to Dr Alicia Massarotto, Geriatrician at Fremantle Hospital, who has been a member of the TRACS WA Steering Committee since the beginning of 2017. We are indebted to Peter for all his contribution and enthusiasm for TRACS WA and wish him happy travels. We welcome Dr Massarotto, and look forward to working with her in the future. We also welcome Susan Foster as our new Administration

Officer. Susan comes with extensive health administrative experience having worked for the DoH in the past. Carolyn Morrish is moving into a Project Officer role. Also joining the TRACS WA team for three months is Vicky Appleby from the University of Notre Dame. Vicky is undertaking a Behavioural Science Internship which will give her the opportunity to experience working as a practitioner in training. She will be working with members of the TRACS WA team on new training modules for clinicians in the Older Adult Mental Health sector.

Despite these staffing changes, this past three months has seen much activity, including two highly successful pilots of the new Aboriginal Health Person Centred Care Module, co-presented with an Aboriginal Health Director. We look forward to the official launch of this module. We are proud to announce that this collaboration has been selected as a [finalist in the WA Health Excellence Awards for 2018](#). The OAMH training day was also successfully presented and created a good networking opportunity for many clinicians working in diverse areas of subacute care.

Another addition this quarter, for those wishing to know more about the National Disability Insurance Scheme (NDIS), there is a new [webpage now available on the TRACS WA website](#). Further details will be given in this bulletin. Also now available on our website are the [WA Stroke Workforce Education videos](#), plus the [Cardiac Rehab and Secondary Prevention education](#) presented via VC to WACHS staff.

Finally, information about the [2nd WA Stroke Symposium](#) (10th and 11th November 2018) will shortly be finalised, with registrations now open. We hope you enjoy, and find informative, all the articles that follow on.

Yours sincerely,



Chris King
Unit Coordinator
TRACS WA

SUBACUTE CARE NEWS

Featured – Older Adult Mental Health – the importance of networking

This year we have seen a change to the delivery of our Older Adult Mental Health Training. Previously we have delivered on site training to Older Adult Mental Health services in WA. This has meant that staff have the benefit of not having to travel and being familiar with the team they are training with. It has also meant that traditionally the training groups have been fairly small. Consequently, we thought we would trial having all staff caring for those with Older Adult Mental Health attend one venue! This provides the additional benefits of networking, collaborating, and sharing practical and theoretical knowledge together. We had a huge response to this opportunity - clearly this was something you wanted, and for 2018 we brought everyone together.

The first session was extremely well attended and we had to cap the participants to 56. This group proved too large to ensure we met individual participant needs and therefore limited the second training to 30 participants.

From both sessions we had a variety of health professionals from all over WA, from both WACHS as well as Metro, from Hospitals as well as community. It was a diverse group, all focussing on Older Adult Mental Health including those who worked in general rehabilitation. The participants appreciated the added learnings that came from networking and discussions in the session.

In 2019 we propose to make this training equitable to those living North and South of the river and run sessions from SCGH as well as Fremantle.

TRACS WA provide morning and afternoon tea and have the wonderful volunteers from the Ladies Auxiliary (see photo below) to provide a variety of options for lunch times. A true community event of communication, collaboration and connection. We look forward to welcoming you to attend in 2019!



News items

- [Aboriginal Health Person Centred Care Module](#)
- [Community Physiotherapy Service \(CPS\) – Person Centred Care](#)
- [Cardiac Rehabilitation and Secondary Prevention telehealth education sessions](#)
- [NDIS and Health Community of Practice](#)
- [TRACS WA Workplace Learning Fund](#)
- [Online stroke resources](#)
- [Upper limb therapy after stroke](#)
- [Second WA Stroke Management Symposium](#)
- [Falls Prevention Conference](#)
- [Empathy Symposium](#)



GET IN CONTACT WITH TRACS WA

Email us via tracswa@health.wa.gov.au

"Knowledge will bring you the opportunity to make a difference"

-Claire Fagin

[TRACS WA](#)

B2 Fremantle Hospital | 08 9431 2351 | tracswa@health.wa.gov.au

Copyright © 2018 **Department of Health (WA)**, All Rights Reserved.

[Unsubscribe](#)