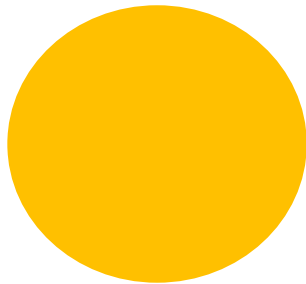


Walk in the parallel bars and step over the hurdles.

Try not to hold on to the bars

Equipment:

- Small hurdles
- Chair for rest
- Parallel bars



Walk in the parallel bars and step over the small obstacles.

Try not to hold on if you can!

Equipment:

- Small hurdles
- Chair for rest
- Parallel bars