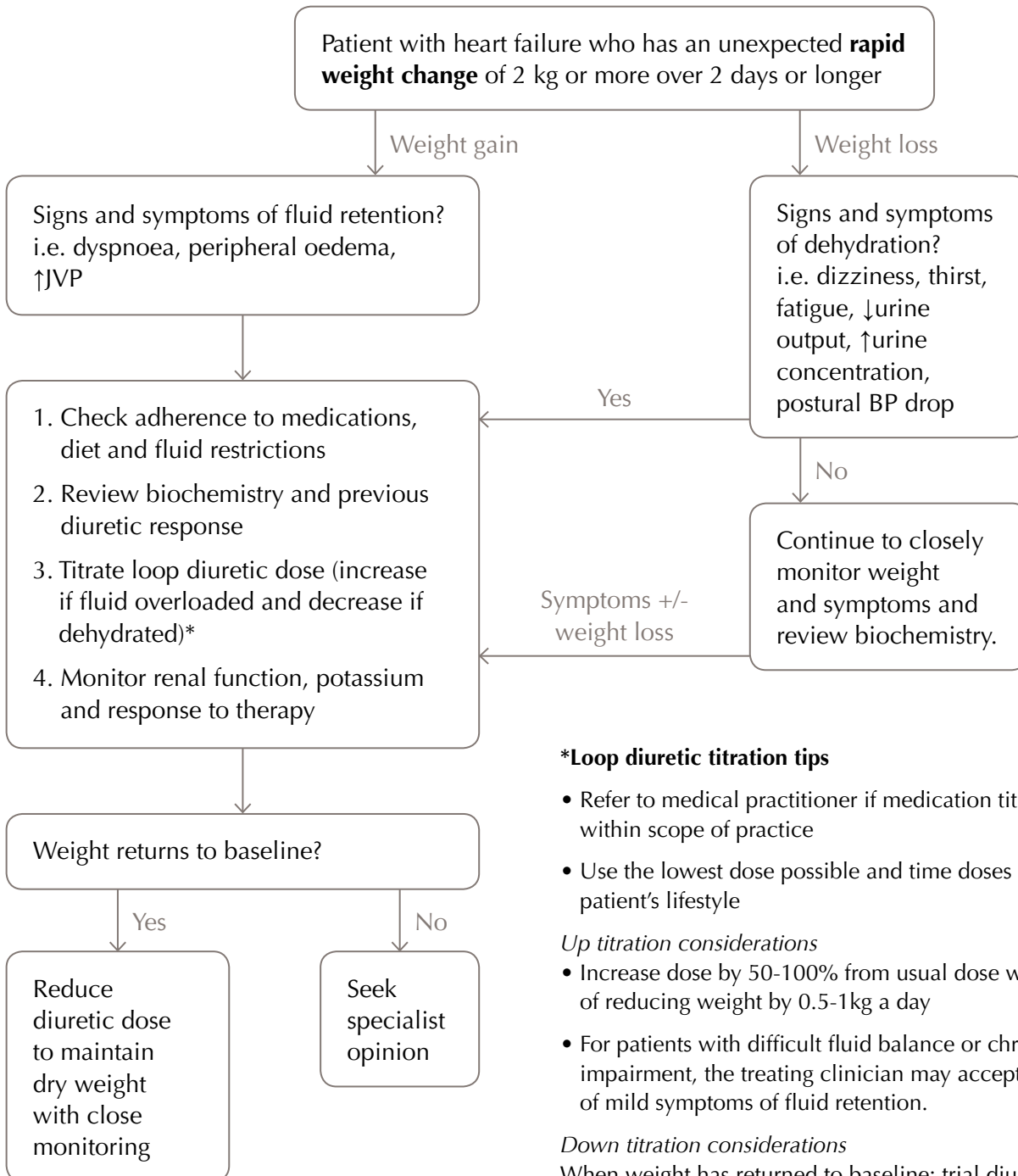


Fluid management algorithm in heart failure



*Loop diuretic titration tips

- Refer to medical practitioner if medication titration is not within scope of practice
- Use the lowest dose possible and time doses to suit the patient's lifestyle

Up titration considerations

- Increase dose by 50-100% from usual dose with a goal of reducing weight by 0.5-1kg a day
- For patients with difficult fluid balance or chronic renal impairment, the treating clinician may accept continuance of mild symptoms of fluid retention.

Down titration considerations

When weight has returned to baseline: trial diuretic reduction until minimal dose is achieved to maintain baseline weight

(This is a general guide only. Doses may vary depending on clinical circumstance)